



## **INTERGENERATIONAL WELLNESS**

### **INTERGENERATIONAL WELLNESS OVERVIEW**

The purpose of the Intergenerational Wellness stream is to assist Japanese Canadian individuals and families in healing the intergenerational impacts that BC government actions in the 1940s had on the Japanese Canadian community.

There are three categories of funding to support intergenerational wellness. Category 1 grants are intended to support projects that facilitate intergenerational Family Sharing & Healing. Category 2 grants are intended to assist with Seniors Intergenerational Group Wellness projects that support seniors and Survivors. Category 3 grants are intended to assist with projects that support Intergenerational Group Gatherings that address the collective historical trauma of the Internment Era experience.

#### **DATES** (subject to change)

**Applications open** September 1, 2023

**Deadline for applications** December 15, 2023

**Application results out** January 15, 2024

#### **Category 1 & 3 projects**

**must be completed by** April 30, 2025

**Category 2 projects must be completed by** December 31, 2024

The JCLS may announce a second intake in 2024.

### **WHO CAN APPLY**

#### **CATEGORY 1 | Family Sharing & Healing**

Impacted Japanese Canadian families can apply.

Eligible families have a line of descendants from a Japanese Canadian who was directly impacted by the BC Government actions in the 1940s and whose family experience in BC predates April 1, 1949.

The application should tie to the core value of family healing, sharing and intergenerational trauma.

#### **CATEGORY 2 | Seniors Intergenerational Group Wellness**

Japanese Canadian Organizations, Non-Japanese Canadian Organizations and Unincorporated Japanese Canadian Groups can apply. (See Glossary.)

The applicant must demonstrate that they have relevant experience providing wellness programs, activities or services for seniors.

The applicant must demonstrate that they have relevant experience to manage the project they are proposing.

The application should relate to the core value of intergenerational wellness.

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### **CATEGORY 3 | Intergenerational Group Gatherings**

Japanese Canadian Organizations, Non-Japanese Canadian Organizations and Unincorporated Japanese Canadian Groups can apply.

The applicant must demonstrate that they have the relevant experience and/or training to facilitate group gatherings around healing or that they intend to retain a professional who does. A resource person may be available to the community project but not confirmed at the application stage.

The applicant must demonstrate that they have relevant experience to manage the project they are proposing.

The application should tie to the core value of collective sharing and healing.

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## **WHAT CAN BE FUNDED**

### **CATEGORY 1 | FAMILY SHARING & HEALING**

- Projects that facilitate collective sharing within the family and therefore promote intergenerational healing.
- Projects that encourage active participation of multiple generations of Survivors and Descendants within the family.
- Eligible sharing activities that may include, but are not limited to:
  - Self-published books, self-made art projects, digital scrapbooks, reflective storytelling, oral histories, family genealogy, internment camp tours, family counselling.
  - If you are unsure if an activity qualifies, please contact the JCLS Community Fund Manager at [community@jclebrities.com](mailto:community@jclebrities.com).
- Eligible project costs that may include: honoraria for people outside the family who provide specialized assistance, materials and supplies.
- Eligible Family Sharing & Healing projects that can be completed by December 31, 2024.

### **CATEGORY 2 | SENIORS INTERGENERATIONAL GROUP WELLNESS**

- Programs, activities or services offered by Japanese Canadian Organizations, Non-Japanese Canadian Organizations and Unincorporated Japanese Canadian Groups that will directly benefit the wellness of Japanese Canadian seniors and Survivors.
- Qualifying group activities that meet the following requirements:
  - Encourage active participation of, and/or provide support to, seniors and Survivors
  - Contribute to mental, spiritual, emotional or physical well-being and/or social wellness
  - Provide a group activity as described above that involves younger generations.
- Eligible wellness activities that may include, but are not limited to:
  - Meal deliveries to shut-ins or less mobile Japanese Canadian seniors or Survivors, exercise activities, craft activities such as ikebana, internment camp tours, home visitations, planned social activities or group outings, Japanese cultural activities, club activities, organized table games, classes such as computer education or cooking, pre-existing seniors group wellness activities, etc.
  - If you are unsure if an activity qualifies, please contact the JCLS Community Fund Manager at [community@jclebrities.com](mailto:community@jclebrities.com).
- Eligible project costs that may include: honoraria, materials and supplies.
- Administrative costs for each project, which must not exceed 20% of the total grant.
- Eligible Seniors Intergenerational Group Wellness projects that can be completed by December 31, 2024.

### **CATEGORY 3 | INTERGENERATIONAL GROUP GATHERINGS**

- Projects that support group gatherings, particularly with Survivors and Descendants, related to intergenerational wellness.
- Projects that have a community-based and participatory approach.
- Projects that address the historical trauma of the World War II uprooting of Japanese Canadians.
- Projects that facilitate collective sharing and healing of Survivors and Descendants.
- Projects that have a guided structure and that are moderated by professionals or trained personnel.

- Eligible activities that may include:
    - Gatherings that acknowledge the lasting intergenerational impacts of the different types of dislocation, from forced uprooting and internment to self-supported dislocation, exile to Japan and relocation outside of BC.
    - If you are unsure if an activity qualifies, please contact the JCLS Community Fund Manager at [community@jclebrities.com](mailto:community@jclebrities.com).
  - Eligible project costs that may include: honoraria (e.g., training costs), materials, supplies and relevant costs.
  - Administrative costs for each project, which must not exceed 20% of the total grant.
  - Eligible Intergenerational Group Gatherings projects that can be completed by April 30, 2025.
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## **WHAT WILL NOT BE FUNDED**

### **CATEGORIES 1, 2 AND 3**

- Projects where two or more organizations and/or JC groups are partnering on the same project and each organization or group requests funds for that project.
- More than one project for the same activity by the same organization in the same intake period.
- Projects that do not have the primary purpose of promoting intergenerational or Survivor wellness.
- Ordinary operational activities including ongoing operations and maintenance.
- Expenses for debt management, fundraising projects, prizes, ongoing salaries or wages, endowment or sustaining funds, scholarships (see Scholarships).
- Capital purchases (see Infrastructure).
- Projects that have the primary activity of eating food. HOWEVER, sharing food traditions is important to people in the community and is one of the few things that families have retained. Preparing and sharing recipes is a tradition and could qualify when incorporated as part of a larger wellness activity.
- Projects that have received NAJC funding through the Capacity Building Program, Cultural Development Fund or Endowment Fund.
- Projects that have received other funds from the Community Fund program in the current funding period.
- Projects with political interest and/or affiliation.
- Projects outside of Canada.
- Projects that are already complete.

### **The following will also not be funded:**

#### **CATEGORY 1 | FAMILY SHARING & HEALING**

- Family reunions in which there is no facilitated dialogue by trained facilitators relating to intergenerational wellness.

#### **CATEGORY 2 | SENIORS INTERGENERATIONAL GROUP WELLNESS PROJECTS**

- Lunches and dinners honoring Survivors (unless part of a larger wellness activity)
- Individual (not group) senior activities (with some exceptions, e.g., meal delivery to shut-ins)
- Group activities in which the majority of participants are not Japanese Canadian seniors

#### **CATEGORY 3 | INTERGENERATIONAL GROUP GATHERINGS**

- Individual (not group) activities

## **FUNDING REQUESTS**

### **CATEGORIES 1, 2 AND 3**

- The grant application should be for a stand-alone project and if it is contingent on other funding, those sources must be confirmed at the time of application.
- Depending on the number and quality of grants, an application may receive only partial funding. Applicants should indicate in their application whether their project can be modified if a smaller award is given.
- The project can commence at any time after the application has been submitted.
  - However, there will be NO reimbursement for any costs incurred should the application not be successful.

### **CATEGORY 1 | FAMILY SHARING & HEALING**

- Funding of up to \$5,000 per application.
- Each Japanese Canadian family may apply for only one project.
- Extended family cannot submit separate applications for the same project.

### **CATEGORY 2 | SENIORS INTERGENERATIONAL GROUP WELLNESS PROJECTS**

- Funding of up to \$10,000 per application.
- Each organization or group may apply for only one project.

### **CATEGORY 3 | INTERGENERATIONAL GROUP GATHERINGS**

- NOTE: Category 3 is limited to issuing a maximum of \$400,000 across all projects.
- Japanese Canadian or Non-Japanese Canadian Organizations: Funding of up to \$40,000 per application per organization.
- Unincorporated Japanese Canadian Groups: Funding of up to \$10,000 grant if they get an organization to sponsor the group with a letter of support. An application from an Unincorporated Japanese Canadian Group must confirm banking arrangements or financial stewardship.
- Each organization or group may apply for only one project.

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## **WHAT IS NEEDED FOR THE APPLICATION**

**NOTE:** Applicants are responsible for submitting a complete application. The JCLS will NOT contact applicants to address errors or missing requirements, other than as required to determine eligibility. Eligible applications are assessed as submitted.

1. Applicants must create a user account to access the application form that will be submitted through the online application system.

### **CATEGORY 1 | FAMILY SHARING & HEALING**

1. Applicants must complete the following information, including longer answers as required:
  - Description of the Japanese Canadian Family, including family names, family history, and experience in BC prior to April 1, 1949. (Maximum 300 words)
  - Estimate of the number of family members involved in the project, including a breakdown of the number of survivors and descendants.
  - Description of the project, including the activity and its benefit to the intergenerational wellness of the family through sharing and healing. Describe the project output of the intergenerational sharing and healing. (Maximum 300 words)
  - Description of how the project will be managed. Provide a brief biography of the family member(s) leading the project. (Maximum 300 words)
  - Balanced budget (using supplied template) showing projected sources of funding and expenses.

### **CATEGORY 2 | SENIORS INTERGENERATIONAL GROUP WELLNESS PROJECTS**

1. All applicants must complete the following information, including longer answers as required:
  - Description of the organization or group, including its mission statement, a brief history of the organization or group, and current activities. Please highlight services provided to the Japanese Canadian community and seniors. (Maximum 300 words)
  - If applicable, description of the organization's or group's membership totals, including the breakdown of Japanese Canadians and seniors, and an estimate of the number of Survivors and Descendants of families who lived in BC prior to April 1, 1949.
  - Description of the project, including the activity and its benefit to the wellness of Japanese Canadian seniors and Survivors. Describe the project output on seniors wellness. (Maximum 300 words)
  - Description of relevant experience providing wellness programs, activities or services for seniors. (Maximum 300 words)
  - Description of how the project will be managed. List of key personnel (if known) with a short description of the expertise/experience they bring to the project. (File upload)

- Balanced budget (using supplied template) showing projected sources of funding and expenses (expenses that comprise 10% or more of the budget must provide the breakdown/rationale for estimates). If project costs exceed the maximum possible grant, a list of confirmed additional sources of funding must also accompany this budget.
2. Applicants from Japanese Canadian or Non-Japanese Canadian Organizations must provide:
    - A copy of their Certificate of Incorporation.
    - The most recent financial statements from the last two years.
  3. Applicants from Unincorporated Japanese Canadian Groups must provide:
    - Confirmation of banking arrangements or financial stewardship.
    - If applicable, a letter of endorsement from an organization.

### **CATEGORY 3 | INTERGENERATIONAL GROUP GATHERINGS**

1. Applicants must complete the following information, including longer answers as required:
  - Description of the organization, including its mission statement, a brief history of the organization or group, and current activities. Please highlight services provided to the Japanese Canadian community. (Maximum 300 words.)
  - If applicable, description of the organization's or group's membership totals, including the breakdown of Japanese Canadians and their families, and an estimate of the number of Survivors and Descendants of families who lived in BC prior to April 1, 1949.
  - Description of project, including the activity(ies), and its structured process to address the collective historical trauma. Detail the targeted numbers for attendance, the numbers in each facilitated session and the ratio of facilitators to attendees. (Maximum 300 words)
  - Description of the intended benefit to intergenerational wellness of the Japanese Canadian community, specifically Survivors and Descendants. The project output on collective healing must be demonstrated. (Maximum 300 words)
  - Description of how the project will be managed and the willingness of the applicant to work with a trained facilitator. List of key personnel (if known) with a short description of their expertise/experience/training. (File upload)
  - Balanced budget (using supplied template) showing projected sources of funding and expenses (expenses that comprise 10% or more of the budget must provide the breakdown/rationale for estimates). If project costs exceed the maximum possible grant, a list of confirmed additional sources of funding must also accompany this budget.
2. Applicants from Japanese Canadian or Non-Japanese Canadian Organizations must provide:
  - A copy of their Certificate of Incorporation.
  - The most recent financial statements from the last two years.
3. Applicants from Unincorporated Japanese Canadian Groups must provide:
  - Confirmation of banking arrangements or financial stewardship.
  - If applicable, a letter of endorsement from an organization.

### **ASSESSMENT CRITERIA**

All applications will be assessed according to the following criteria. This is a competitive process and not all applications will receive funding.

1. **Strength of the Project** Based on the quality of the project: 50%
2. **Impact of the Project** Based on the ability of the project to demonstrate project outputs on intergenerational wellness: 30%
3. **Organizational, Group, Family Capacity** Based on the ability, human resources, facilities to carry out the project as proposed: 20%

## **ASSESSMENT PROCESS**

An assessment team consisting of Japanese Canadian community members with experience in intergenerational wellness will be established through the JCLS.

The following process will be used to evaluate every application:

- The JCLS informs each applicant upon receipt of application and JCLS Community Fund program staff reviews the applications for eligibility.
- The assessment team evaluates eligible applications to determine whether the applicants should be funded and the level of funding for successful applicants.
- The assessment team recommends applicants to the JCLS, which makes the final approvals.
- The JCLS informs each applicant if they are successful or unsuccessful in their application.
- All decisions of the JCLS and assessment team are final.

## **NOTIFICATION**

- Decisions will be made by the JCLS and the assessment team within approximately six weeks of the application deadline. Notification will be sent via the online system to the contact linked to the online application. Results cannot be requested in advance.
  - Applicants should ensure the email address [community@jclebrities.com](mailto:community@jclebrities.com) is on their safe sender list and applicants should check their spam folders on a regular basis following their submission of application.
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## **PAYMENT OF GRANTS**

1. Awards will be paid in three installments: 40% upon receipt of a signed grant agreement; 40% upon receipt of an interim report on the project demonstrating the project outputs on intergenerational wellness; and a final payment of 20% upon receipt of a final report detailing activities and satisfactory accomplishment of the project outcomes.
  2. If the recipient's project changes, the recipient must contact the JCLS office (in writing) as soon as possible to discuss impact on the project and to request permission for the changes.
  3. The JCLS reserves the right to suspend payments if the recipient:
    - does not carry out their planned project. Should the project not proceed, the initial instalment must be refunded to the JCLS;
    - makes major changes to the planned project without the approval of the JCLS;
    - does not deliver the intended project outputs and outcomes;
    - fails to comply with the terms of the grant, including submission of the final report.
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## **REPORTING REQUIREMENTS**

1. Recipients must submit an interim report, at least midway through the project, indicating the progress on meeting the project outputs on intergenerational wellness, in order to receive the second instalment payment.
  2. Recipients must submit a final report, within 30 days of the end of the project, that details activities and satisfactory accomplishment of the project outcomes in order to receive the final payment.
  3. Instructions on submitting interim and final reports will be given to successful applicants.
  4. The requirement for an interim and a final report will be part of the grant agreement.
  5. Future applications to the JCLS will be ineligible if reporting requirements are not met.
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## **CONFIDENTIALITY**

The collection, use and disclosure of personal information are subject to the privacy provisions of the Freedom of Information and Protection of Privacy Act (BC). Personal information will be shared in confidence with members of the assessment team. The names and locations of successful applicants will be published, along with the amount of the award, in the Annual Report of the JCLS as well as in various communications and promotional vehicles thereof.

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## **RECOGNITION OF ASSISTANCE**

In recognition of funding, the support of the JCLS should be acknowledged in all promotional materials, both print and online where appropriate. Further details of recognition will be provided to successful applicants.

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## **AMENDMENT OF GUIDELINES**

These guidelines may be amended by the JCLS from time to time and applicants should ensure that their applications comply with the most recent version of the guidelines.

THIS VERSION OF THE GUIDELINES IS DATED JULY 31, 2023.

## **CONTACT INFORMATION**

If you have any questions after reading these Application Guidelines and the Frequently Asked Questions, please contact the JCLS Community Fund Manager at [community@jclebrities.com](mailto:community@jclebrities.com).

Any general inquiries to the JCLS Project Office can be directed to: [info@jclebrities.com](mailto:info@jclebrities.com).

## **GLOSSARY**

### **Descendant**

A living person of Japanese Canadian descent whose family was directly impacted by BC Government actions in the 1940s and whose family experience in BC predates April 1, 1949.

### **Family**

A group of persons united by ties of marriage, blood or adoption.

### **Financial Stewardship**

The applicant will assume the financial responsibility for the grant and must be prepared to provide banking information as needed at the time the grant agreement is signed in order to receive funding.

### **Health**

A person's mental, spiritual, emotional or physical well-being and/or social wellness.

### **Impacted Japanese Canadian Family**

An intergenerational family with a line of descendants from a Japanese Canadian who was directly impacted by BC Government actions in the 1940s and whose family experience in BC predates April 1, 1949.

### **Intergenerational**

Between generations, in the case of family.

### **Intergenerational Trauma**

Trauma that is passed down through families. This includes familial dynamics, ways of relating to each other/ourselves that have been adopted to cope with the trauma/violence experienced.

The transmission of trauma based on a shared experience (such as the exclusion and forced uprooting and removal of Japanese Canadians from the west coast during WWII) from older generations who experienced it to younger ones who did not, including difficulties communicating, relating or expressing emotions.

This could also include dealing with residual feelings of not belonging, shame or anxiety that also may be compounded by present-day experiences of racism.

### **Japanese Canadian (JC)**

A Canadian citizen of Japanese ancestry or a person of Japanese ancestry who has permanent resident or landed immigrant status in Canada.

### **Japanese Canadian Organization**

A not-for-profit organization whose primary purpose is to develop and support the Japanese Canadian community, provide services benefiting Japanese Canadians or enhance and encourage Japanese or Japanese Canadian cultural activities. It must have an established constitution and by-laws and have been incorporated for at least two years. A Japanese Canadian Organization can also be incorporated under a provincial or federal corporations Act without the distinction of a not-for-profit designation, as long as the primary focus of the organization satisfies the above definition.





**Japanese Cultural Activity**

Traditional and contemporary Japanese cultural practices or activities that originated in or have roots in Japan and enhance the appreciation for and promote Japanese and/or Japanese Canadian culture. (Examples include but are not limited to: cuisine, bonsai, calligraphy, ikebana, origami, taiko, tea ceremony, anime, manga, sports such as martial arts, etc.)

**Project Output**

Output measures describe what was produced or the services delivered. Output should relate to the value or impact of the project on intergenerational wellness. (Examples include but are not limited to: number of active participants, meeting a goal, collective impact measured by satisfaction survey, feedback, etc.)

**Non-Japanese Canadian Organization**

A not-for-profit organization whose primary focus must be the delivery of a Japanese or Japanese Canadian cultural activity. The organization should have a Japanese Canadian board member or an endorsement from an established Japanese Canadian organization in that region and must demonstrate a connection to the Japanese Canadian community. The organization also must have an established constitution and by-laws and have been incorporated for at least two years.

**Not-for-Profit Organization**

For the purposes of this Community Fund, a not-for-profit corporation is incorporated federally or provincially in Canada.

**Survivor**

A living person of Japanese descent born prior to April 1, 1949 who was directly impacted by BC Government actions in the 1940s. Survivors include persons who were not displaced but were living in BC, and persons who, after their families left BC, were born prior to April 1, 1949, which was the day Japanese Canadians were given full voting rights and the legal restrictions used to control the movement of Japanese Canadians were removed.

**Unincorporated Japanese Canadian Group**

An unincorporated group whose membership is at least 50% Japanese Canadian and whose activities offer opportunities for Japanese Canadians to connect with one another, with their culture(s) and/or identity. The group must consist of at least 10 members, which could include potential participants in the group's activities, and have the relevant experience to manage the project that they are proposing to create. (Examples of such groups could include: kenjinkai, hockey teams, garden clubs, writers' clubs, anime clubs.)

**Wellness**

The active pursuit of activities, choices and lifestyles that lead to feeling healthy, well-balanced and satisfied. This could lead to collective social well-being.