



INTERGENERATIONAL WELLNESS INTAKE 2

INTERGENERATIONAL WELLNESS OVERVIEW

The purpose of the Intergenerational Wellness stream is to assist Japanese Canadian individuals and families in healing the intergenerational impacts that BC government actions in the 1940s had on the Japanese Canadian community. There are three categories of funding to support intergenerational wellness. Category 1 grants are intended to support projects that facilitate intergenerational Family Sharing & Healing. Category 2 grants are intended to assist with Seniors Intergenerational Group Wellness projects that support seniors and Survivors. Category 3 grants are intended to assist with projects that support Intergenerational Group Gatherings that address the collective historical trauma of the Internment Era experience.

DATES (subject to change)

Applications open April 15, 2024

Deadline for applications May 20, 2024

Application results out June 28, 2024

Category 1 & 3 projects

must be completed by September 30, 2025

Category 2 projects must be completed by June 30, 2025

NOTE: Applicants are strongly encouraged to fill out the downloadable worksheet and included budget template that is available on the application page before copying and pasting into the online application form. Applicants are also encouraged to set up a user account as soon as possible in advance of applying online.

WHO CAN APPLY

CATEGORY 1 | Family Sharing & Healing

Impacted Japanese Canadian families can apply.

Eligible families have a line of descendants from a Japanese Canadian who was directly impacted by the BC Government actions in the 1940s and whose family experience in BC predates April 1, 1949.

The application should support the core value of family sharing and healing from intergenerational trauma.

CATEGORY 2 | Seniors Intergenerational Group Wellness

Japanese Canadian Organizations, Non-Japanese Canadian Organizations and Unincorporated Japanese Canadian Groups can apply. (See Glossary.)

The application should support the core value of intergenerational wellness.

The applicant should demonstrate that they have relevant experience providing wellness programs, activities, or services for seniors.

The applicant should demonstrate that they have relevant experience and qualified personnel identified to manage the project they are proposing.

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CATEGORY 3 | Intergenerational Group Gatherings

Japanese Canadian Organizations, Non-Japanese Canadian Organizations and Unincorporated Japanese Canadian Groups can apply.

The application should reflect the core value of collective sharing and healing (see Glossary). The proposed group activity should also address intergenerational trauma and be intergenerational in nature.

The applicant should demonstrate that they have the relevant experience and/or training to facilitate group gatherings around healing or that they intend to retain one or more professionals who do (see FAQ). A resource person may be identified for the community project but not confirmed at the application stage.

The applicant should demonstrate that they have relevant experience and qualifications and/or identify qualified personnel to manage the project they are proposing. A brief statement describing qualifications of those managing the project should also be provided.

WHAT CAN BE FUNDED

All applications should include:

- clearly defined project outcomes
- a clear timeline of actions to be taken
- names of persons involved and their role in the project
- a description of resources required to complete the project, and
- details and rationale for both the project and all expenses captured in the budget

All budgets should include:

- a detailed breakdown and rationale for all eligible expenses, in particular those that comprise 10% or more of the budget total
- confirmed additional funding sources if the total costs exceed the grant amount (see FAQ)
- the names of travelers, travel dates and destinations, and the purpose of travel (if applicable)

Eligible budget costs may include:

- Administrative costs not exceeding 20% of the grant total (if applicable)
- Honoraria or fees for people who provide a service or specialized assistance
- Honoraria for applicants for services such as digitization, research, translation, writing, editing, etc.
- Materials and supplies
- Equipment purchases required to complete the project

If you are unsure if an activity or budget expense qualifies, please contact the JCLS Intergenerational Wellness Fund Manager at healing@jclegacies.com for further assistance.

CATEGORY 1 | FAMILY SHARING & HEALING

- Projects that facilitate collective sharing, promote intergenerational healing, and encourage active participation of multiple generations of Survivors and Descendants within the family.
- Eligible sharing activities that may include, but are not limited to:
 - Self-published books, self-made art projects, digital scrapbooks, reflective storytelling, oral histories, family genealogy, internment camp tours, and family counselling.
- Eligible Family Sharing & Healing projects that can be completed by September 30, 2025.

CATEGORY 2 | SENIORS INTERGENERATIONAL GROUP WELLNESS

- Programs, activities, or services offered by Japanese Canadian Organizations, Non-Japanese Canadian Organizations and Unincorporated Japanese Canadian Groups that will directly benefit the wellness of Japanese Canadian seniors and Survivors.
- Qualifying group activities that meet the following requirements:
 - Encourage active participation of, and/or provide support to, seniors and Survivors
 - Contribute to mental, spiritual, emotional or physical well-being and/or social wellness
 - Provide a group activity as described above that involves younger generations
- Eligible wellness activities that may include, but are not limited to:

Meal deliveries to shut-ins or less mobile Japanese Canadian seniors or Survivors, exercise activities, craft activities such as ikebana, internment camp tours, home visitations, planned social activities or group outings, Japanese cultural activities, club activities, organized table games, classes such as computer education or cooking, pre-existing seniors group wellness activities, etc.
- Eligible Seniors Intergenerational Group Wellness projects that can be completed by June 30, 2025.

CATEGORY 3 | INTERGENERATIONAL GROUP GATHERINGS

Projects that include the following components:

- Projects that support group gatherings, particularly with Survivors and Descendants, related to intergenerational wellness.
- Projects that have a community-based and participatory approach.
- Projects that address the historical trauma and intergenerational impacts of the World War II uprooting of Japanese Canadians.
- Projects that facilitate collective sharing and healing of Survivors and Descendants.
- Projects that have a clearly articulated, guided structure and that are moderated by professionals or trained personnel. A description of credentials, relevant training and experience for identified moderators should be provided at the time of the application. Applicants are encouraged to seek facilitators with a lived experience of intergenerational trauma or collective racial trauma.
- Applicants should specify a facilitator to participant ratio for each segment of their project and provide justification for said ratio (See FAQ).
- Projects that have identified and/or secured trained and qualified personnel to manage the project. A description of relevant prior experience for all personnel assigned to manage the project should be provided at the time of the application.
- Eligible activities that may include:

Gatherings that acknowledge the lasting intergenerational impacts of the different types of dislocation, from forced uprooting and internment to self-supported dislocation, exile to Japan and relocation outside of BC.
- Eligible Intergenerational Group Gatherings projects that can be completed by September 30, 2025.

WHAT WILL NOT BE FUNDED

CATEGORIES 1, 2 AND 3

- Projects where two or more organizations and/or JC groups are partnering on the same project and each organization or group requests funds for that project.
- More than one project for the same activity by the same organization in the same intake period.
- Projects that do not have the primary purpose of promoting intergenerational or Survivor wellness.
- Ordinary operational activities including ongoing operations and maintenance.
- Expenses for debt management, fundraising projects, prizes, ongoing salaries or wages for organizations, endowment or sustaining funds, scholarships (see Scholarships).
- Capital purchases (see Glossary).

Equipment purchases that are essential to complete the project and do not exceed 50% of the budget total may be considered. The equipment being sought must be reasonably priced relative to the stated goals of the project and a rationale for the equipment purchase must be provided in one's project description. Applicants may be asked to provide cost quotes for comparison. Equipment purchased prior to the grant application are ineligible for funding.

- Projects that were completed prior to submission and previously purchased equipment and/or resources.
- Projects that have the primary activity of eating food. HOWEVER, sharing food traditions is important to people in the community and is one of the few things that families have retained. Preparing and sharing recipes is a tradition and could qualify when incorporated as part of a larger wellness activity.
- Projects that have received NAJC funding through the Capacity Building Program, Cultural Development Fund or Endowment Fund.
- Projects that have received other funds from the Community Fund program in the current funding period.
- Projects with political interest and/or affiliation.
- Projects outside of Canada.

The following will also not be funded:

CATEGORY 1 | FAMILY SHARING & HEALING

- Family reunions in which there is no facilitated dialogue by trained facilitators relating to intergenerational wellness.

CATEGORY 2 | SENIORS INTERGENERATIONAL GROUP WELLNESS PROJECTS

- Lunches and dinners honoring Survivors (unless part of a larger wellness activity)
- Individual (not group) senior activities (with some exceptions, e.g., meal delivery to shut-ins)
- Group activities in which the majority of participants are not Japanese Canadian seniors

CATEGORY 3 | INTERGENERATIONAL GROUP GATHERINGS

- Individual (not group) activities

FUNDING REQUESTS

CATEGORIES 1, 2 AND 3

- The grant application should be for a stand-alone project. If the project depends on other funding, all additional funding sources must be confirmed at the time of application. Confirmed sources do not include fundraising, sales, and unsecured external grants.
- Depending on the number and quality of grants, an application may receive only partial funding. Applicants should indicate in their application whether their project can be modified if a smaller award is given.
- The project can commence at any time after the application has been submitted. However, there will be NO reimbursement for any costs incurred should the application not be successful.

CATEGORY 1 | FAMILY SHARING & HEALING

- Funding of up to \$5,000 per application.
- Each Japanese Canadian nuclear family may apply for only one project, regardless of whether or not the projects are different. Extended family members cannot submit separate applications for the same project. (See Glossary).
- Individual applicants who received or with an immediate (nuclear) family member who received Category 1 Funds during an earlier intake will not be eligible to reapply during subsequent intakes.

CATEGORY 2 | SENIORS INTERGENERATIONAL GROUP WELLNESS PROJECTS

- Funding of up to \$10,000 per application.
- Each organization or group may apply for only one project.

CATEGORY 3 | INTERGENERATIONAL GROUP GATHERINGS

- NOTE: Category 3 is limited to issuing a maximum of \$400,000 across all projects.
- Japanese Canadian or Non-Japanese Canadian Organizations: Funding of up to \$40,000 per application per organization.
- Unincorporated Japanese Canadian Groups: Funding of up to \$10,000 grant if they get an organization to sponsor the group with a letter of support. An application from an Unincorporated Japanese Canadian Group must confirm banking arrangements or financial stewardship.
- Each organization or group may apply for only one project.

WHAT IS REQUIRED FOR THE APPLICATION

NOTE: Applicants are responsible for submitting a complete application. The JCLS will NOT contact applicants to address errors or missing requirements, other than as required to determine eligibility. Eligible applications are assessed as submitted.

- Applicants are required to create an online user account to access the digital application form. All applications must be submitted through the online application system and will not be accepted by email.
- All applications must include a balanced budget, which clearly shows projected sources of funding and expenses.
- It is strongly recommended to download the supplied worksheet for the appropriate category and use it to work out the application details, including the detailed budget template, *before* filling out the online application form. Copying and pasting from the worksheet into the form will help make the process easier.

CATEGORY 1 | FAMILY SHARING & HEALING

Applicants must complete the following information, including longer answers as required:

- 1 Description of the Japanese Canadian Family, including family members' history and experience in BC prior to April 1, 1949. (Maximum 300 words)
- 2 Description of the family's approximate membership totals, including an estimate of the number of Survivors and Descendants.
- 3 Names of family members involved in the project and their assigned roles and responsibilities.
- 4 Description of the project, including the activity and its benefit to the intergenerational wellness of the family through sharing and healing. The project output of intergenerational sharing and healing must be demonstrated. (Maximum 500 words)
- 5 Description of how the project will be managed. Provide a brief biography of the family member leading the project. (Maximum 300 words)
- 6 A project timelines from start to completion. Provide a start and end date to your project. (Maximum 300 words)

CATEGORY 2 | SENIORS INTERGENERATIONAL GROUP WELLNESS PROJECTS

All applicants are required to complete the following information, including longer answers as required:

- 1 Description of the organization or group, including its mission statement, a brief history of the organization or group, and current activities. Highlight services provided to the Japanese Canadian community and seniors. (Maximum 300 words)
- 2 If applicable, description of the organization or group's membership totals, including the breakdown of Japanese Canadians and seniors, and an estimate of the number of Survivors and Descendants of families who lived in BC prior to April 1, 1949.
- 3 Description of the project, including the activity and its benefit to the wellness of Japanese Canadian seniors and Survivors. The description should specify project timelines, who will be assigned to complete a given portion of the project, and what resources are required to complete the project. The project output on seniors' wellness must be demonstrated. (Maximum 3 pages/1000 words)
- 4 Description of relevant experience providing wellness programs, activities or services for seniors.
- 5 Description of how the project will be managed. List of key personnel (if known) with a short description of the expertise/experience they bring to the project.
- 6 A project timelines from start to completion. Provide a start and end date to your project. (Maximum 300 words)

Applicants from Japanese Canadian or Non-Japanese Canadian Organizations must provide:

- A copy of their Certificate of Incorporation.
- The most recent financial statements from the last two years.

Applicants from Unincorporated Japanese Canadian Groups must provide:

- Confirmation of banking arrangements or financial stewardship.
- If applicable, a letter of endorsement from an organization.

CATEGORY 3 | INTERGENERATIONAL GROUP GATHERINGS

Applicants are required to complete the following information, including longer answers as required:

- 1 Description of the organization, including its mission statement, a brief history of the organization or group, and current activities. Please highlight services provided to the Japanese Canadian community. (Maximum 300 words)
- 2 If applicable, description of the organization or group's membership totals, including the breakdown of Japanese Canadians and their families, and an estimate of the number of Survivors and Descendants of families who lived in BC prior to April 1, 1949.
- 3 Description of project, including the activity(ies), and its structured process to address collective historical trauma and intergenerational impacts. The description should specify project timelines and what resources are required to complete the project. Detail the targeted numbers for attendance, the numbers in each facilitated session and the ratio of facilitators to attendees. (Maximum 300 words) (See FAQ).
- 4 Description of the intended benefit to intergenerational wellness of the Japanese Canadian community, specifically Survivors and Descendants. The project output on collective healing must be demonstrated. (Maximum 3 pages/1000 words.) (See Glossary.)
- 5 Description of how the project will be managed and the names of trained facilitators identified to support the project. List of key personnel (if known) identified to lead the project and manage the budget, with a short description of their expertise/experience/training.
- 6 A project timelines from start to completion. Provide a start and end date to your project. (Maximum 300 words)

Applicants from Japanese Canadian or Non-Japanese Canadian Organizations must provide:

- A copy of their Certificate of Incorporation.
- The most recent financial statements from the last two years.

Applicants from Unincorporated Japanese Canadian Groups must provide:

- Confirmation of banking arrangements or financial stewardship.
- If applicable, a letter of endorsement from an organization.

ASSESSMENT CRITERIA

All applications will be assessed according to the following criteria. This is a competitive process and not all applications will receive funding.

1. **Strength of the Project** Based on the quality of the project: 50%
2. **Impact of the Project** Based on the ability of the project to demonstrate project outputs on intergenerational wellness: 20%
3. **Organizational, Group, Family Capacity** Based on the ability, human resources, facilities to carry out the project as proposed: 30%

ASSESSMENT PROCESS

An assessment team consisting of Japanese Canadian community members with experience in intergenerational wellness will be established through the JCLS.

The following process will be used to evaluate every application:

- The JCLS informs each applicant upon receipt of application and JCLS Community Fund program staff reviews the applications for eligibility.
- The assessment team evaluates eligible applications to determine whether the applicants should be funded and the level of funding for successful applicants.
- The assessment team recommends applicants to the JCLS, which makes the final approvals.
- The JCLS informs each applicant if they are successful or unsuccessful in their application.
- All decisions of the JCLS and assessment team are final.

NOTIFICATION

- Decisions will be made by the JCLS and the assessment team within approximately six weeks of the application deadline. Notification will be sent via the online system to the contact linked to the online application. Results cannot be requested in advance.
- Applicants should ensure the email address healing@jclegacies.com is on their safe sender list and applicants should check their spam folders on a regular basis following their submission of application.

PAYMENT OF GRANTS

Awards will be paid in two installments:

- 80% upon receipt of a signed grant agreement
- a final payment of 20% upon receipt of a final report detailing activities and satisfactory accomplishment of the project outcomes.

If the recipient's project changes, the recipient must contact the JCLS office (in writing) as soon as possible to discuss impact on the project and to request permission for the changes.

The JCLS reserves the right to suspend payments if the recipient:

- does not carry out their planned project. Should the project not proceed, the initial instalment must be refunded to the JCLS
- makes major changes to the planned project without the approval of the JCLS
- does not deliver the intended project outputs and outcomes
- fails to comply with the terms of the grant, including submission of the final report

REPORTING REQUIREMENTS

1. Recipients must submit an interim report, at least midway through the project, indicating the progress on meeting the project outputs on intergenerational wellness, in order to receive the second installment payment.
 2. Recipients must submit a final report, within 30 days of the end of the project, that details activities and satisfactory accomplishment of the project outcomes in order to receive the final payment.
 3. Instructions on submitting interim and final reports will be given to successful applicants.
 4. The requirement for an interim and a final report will be part of the grant agreement.
 5. Future applications to the JCLS will be ineligible if reporting requirements are not met.
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CONFIDENTIALITY

The collection, use and disclosure of personal information are subject to the privacy provisions of the Freedom of Information and Protection of Privacy Act (BC). Personal information will be shared in confidence with members of the assessment team. The names and locations of successful applicants will be published, along with the amount of the award, in the Annual Report of the JCLS as well as in various communications and promotional vehicles thereof.

RECOGNITION OF ASSISTANCE

In recognition of funding, the support of the JCLS should be acknowledged in all promotional materials, both print and online where appropriate. Further details of recognition will be provided to successful applicants.

AMENDMENT OF GUIDELINES

These guidelines may be amended by the JCLS from time to time and applicants should ensure that their applications comply with the most recent version of the guidelines.

THIS VERSION OF THE GUIDELINES IS DATED April 15, 2024.

CONTACT INFORMATION

If you have any questions after reading these Application Guidelines and the Frequently Asked Questions, please contact the JCLS Intergenerational Wellness Community Fund Manager at healing@jclebrities.com.

Any general inquiries to the JCLS Project Office can be directed to: info@jclebrities.com.

GLOSSARY

Capital Purchases

Any single or multiple stand-alone, movable, tangible items or intangible assets, goods, or equipment that have a useful life beyond one year.

Descendant

A living person of Japanese Canadian descent whose family was directly impacted by BC Government actions in the 1940s and whose family experience in BC predates April 1, 1949.

Equipment Purchases

Equipment purchases must be required to complete the project and cannot exceed 50% of the budget total. Combined computer equipment purchases (laptops, scanners, desktops computer, monitors, etc) are capped at 20% of the total budget. The equipment being sought must be reasonably priced relative to the stated goals of the project and a rationale for the equipment purchase must be provided in one's project description. Applicants may be asked to provide cost quotes for comparison. Equipment purchased prior to the grant application is ineligible for funding.

Extended Family

Family that extends beyond the nuclear family of parents and children to include aunts, uncles, grandparents, cousins or other relatives.

Family

A group of persons united by ties of marriage, blood or adoption.

Financial Stewardship

The applicant will assume the financial responsibility for the grant and must be prepared to provide banking information as needed at the time the grant agreement is signed in order to receive funding.

Health

A person's mental, spiritual, emotional or physical well-being and/or social wellness.

Healing (as applied to the Category 3 Intergenerational Wellness grant stream)

The pursuit of structured, guided activities addressing collective historical trauma and thus contributing to social wellness. Examples include healing circles led by a trained moderator.

Impacted Japanese Canadian Family

An intergenerational family with a line of descendants from a Japanese Canadian who was directly impacted by BC Government actions in the 1940s and whose family experience in BC predates April 1, 1949.

Intergenerational

Between generations, in the case of family.

Intergenerational Trauma

Trauma that is passed down through families. This includes familial dynamics, ways of relating to each other/ourselves that have been adopted to cope with the trauma/violence experienced.

The transmission of trauma based on a shared experience (such as the exclusion and forced uprooting and removal of Japanese Canadians from the west coast during WWII) from older generations who experienced it to younger ones who did not, including difficulties communicating, relating or expressing emotions.

This could also include dealing with residual feelings of not belonging, shame or anxiety that also may be compounded by present-day experiences of racism.

Japanese Canadian (JC)

A Canadian citizen of Japanese ancestry or a person of Japanese ancestry who has permanent resident or landed immigrant status in Canada.

Japanese Canadian Organization

A not-for-profit organization whose primary purpose is to develop and support the Japanese Canadian community, provide services benefiting Japanese Canadians or enhance and encourage Japanese or Japanese Canadian cultural activities. It must have an established constitution and by-laws and have been incorporated for at least two years. A Japanese Canadian Organization can also be incorporated under a provincial or federal corporations Act without the distinction of a not-for-profit designation, as long as the primary focus of the organization satisfies the above definition.

Japanese Cultural Activity

Traditional and contemporary Japanese cultural practices or activities that originated in or have roots in Japan and enhance the appreciation for and promote Japanese and/or Japanese Canadian culture. (Examples include but are not limited to: cuisine, bonsai, calligraphy, ikebana, origami, taiko, tea ceremony, anime, manga, sports such as martial arts, etc.)

Nuclear Family

Family consisting of parents and children, regardless of whether they reside in the same household.

Project Output

Output measures describe what was produced or the services delivered. Output should relate to the value or impact of the project on intergenerational wellness. (Examples include but are not limited to: number of active participants, meeting a goal, collective impact measured by satisfaction survey, feedback, etc.)

Non-Japanese Canadian Organization

A not-for-profit organization whose primary focus must be the delivery of a Japanese or Japanese Canadian cultural activity. The organization should have a Japanese Canadian board member or an endorsement from an established Japanese Canadian organization in that region and must demonstrate a connection to the Japanese Canadian community. The organization also must have an established constitution and by-laws and have been incorporated for at least two years.

Not-for-Profit Organization

For the purposes of this Community Fund, a not-for-profit corporation is incorporated federally or provincially in Canada.

Survivor

A living person of Japanese descent born prior to April 1, 1949 who was directly impacted by BC Government actions in the 1940s. Survivors include persons who were not displaced but were living in BC, and persons who, after their families left BC, were born prior to April 1, 1949, which was the day Japanese Canadians were given full voting rights and the legal restrictions used to control the movement of Japanese Canadians were removed.

Unincorporated Japanese Canadian Group

An unincorporated group whose membership is at least 50% Japanese Canadian and whose activities offer opportunities for Japanese Canadians to connect with one another, with their culture(s) and/or identity. The group must consist of at least 10 members, which could include potential participants in the group's activities, and have the relevant experience to manage the project that they are proposing to create. (Examples of such groups could include: kenjinkai, hockey teams, garden clubs, writers' clubs, anime clubs.)

Wellness

The active pursuit of activities, choices and lifestyles that lead to feeling healthy, well-balanced and satisfied. This could lead to collective social well-being.